



## Clear lines in clean rapids, pure Soča Joy



### Summary

After just one week on the crystal Soča with us you'll be cruising down grade III whitewater with no problems

Nestled away in Slovenia's Julian Alps, the Soča's the perfect destination for getting to grips with Elemental whitewater paddling. Perfect blue waters, pool-drop bedrock rapids and a culture that's totally different from anywhere else in Europe make the Soča a world-class destination

Over the week we'll introduce you to modern, dynamic paddling techniques that you can apply the world over. As well as teaching you the skills you need to find lines through tricky rapids, we'll give you the skills you need to make those lines!

This trip is going to be taught by Matt Tidy and Deb Pinniger

### Content

- We'll give you a personal paddling plan, showing you where you're at and what to work on
- We'll work on reading water dynamically. You'll concentrate on driving your boat through turns, arcs and drops
- We'll look at spotting whitewater features and learning to use the current's energy with the river's features
- We'll set achievable aims and we'll break down river running techniques so you can meet those aims
- We'll sharpen up your whitewater safety and rescue skills
- We'll help you find where you are with your paddling and we'll give you a progression plan to work to

### Programme

**Day 1** Arrival day. Relax, settle in and sample the local cuisine

**Day 2** We'll start off with a session looking at your gear and your boat outfitting. Then we'll take to the water on the lower Soča, a chilled-out run that gives us the chance to look at how you're paddling and find out what you want to work on

**Day 3** We'll build on day 2, including a review of technical skills and a chance to set some goals for the rest of the week. We'll spend the afternoon on improving your all round boat handling

**Day 4** Today we'll concentrate on improving your general river awareness and using it to improve your paddling

**Day 5** Today's the day to concentrate on river safety, including how to stay safe in a group and how to handle any problems that do arise

**Day 6** Road trip and river run. We'll head upstream for a multi-section river trip a great chance to put your new skills into practice on real trip

**Day 7** The Big day out! This all day mission's the chance to use your newly developed techniques on an Alpine classic

**Day 8** After a final review, we'll drop you back at the airport

*Of course, this schedule's only a guideline: we'll chop and change depending on how you're getting on, what the levels are like and what everyone wants to do*

### Details

**COSTS:** 1250€

The price includes teaching and instruction, full accommodation, airport and river shuttles\* and use of a full spec whitewater kayak\*\* from our demo fleet. It doesn't cover your flight, personal & health insurance, alcohol, equipment hire or your last evening's dinner

\* Airport shuttle from & to Trieste Airport

\*\* G17 has a small yet excellent selection of kayaks for a range of different sized paddlers, & these are available on a first come, first served basis ONLY

### Accommodation & Catering

You'll be staying at our shared apartment in Trnovo, with all bed linen provided. We'll provide a continental breakfast, a light lunch and an evening dinner either at a local restaurant or home-cooked by one of our guides

### The Personal Paddling Equipment you should bring:

- A good semi-drytop or drytop
- Your paddle
- Whitewater PFD, spray deck and good helmet
- Solid footwear for bank support no sandals!
- Rescue gear, including a throwbag, knife, sling and karabiner

### Online Deposit Payment

## Soča Elemental Skills

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Booking Info

SlideShow



New



Soča Elemental WW Deposit  
450€

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